



Backyard Garden Club

Welcome to the September 2025 issue of the City of Brampton's Backyard Garden Club e-newsletter!

In this issue, learn more about taking care of your garden in September, and all about Potatoes.

Have gardening questions? [Email us.](#)

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September in the Garden: Fall Planting, Harvesting & Prep Tips

September marks the start of fall, a perfect season to enjoy the garden. There is still time to plant late season vegetables and take steps to protect your trees and perennials.

- Plant seeds for late/fall harvest like radishes, kale, spinach and others that will handle cooler temperatures and slight frosts.
- Garlic loves to be planted in the fall, in a sunny location with well drained soil. It's a good time to plant your decorative Allium bulbs in your flower garden.
- Continue to harvest your maturing crops and remove all the dead and decaying material.
- Consider collecting some of your favourite seeds and preparing them to save for next season.
- Make sure all your tools are stored in good shape, ready for the spring.
- Add compost and mulch to your beds. Make sure to avoid the stems of the plants. No need to fork it in, laying it on the top works well.
- Remember to use the falling leaves for your compost or for your beds. Avoid putting them in yard waste. Your garden will benefit from a thick layer of mulched leaves.
- See if you were content with your growing and make notes of any changes for the spring.

Contributed by Carole Spraggett, Brampton Horticultural Society

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You might not think of fall as a great time for planting, but it is! The air is cool, the soil is warm, and your garden is just begging to put down new roots. There's less heat, fewer threats of disease and pests, and—for trees and shrubs—a chance to give roots a head start before showtime next spring. Ready to learn about all the cool things you can plant in fall? You've got this!

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Let's dig into Potatoes!

Potatoes are a starchy, energy-packed vegetable that grows underground as stem tubers. They're best planted 2 to 4 weeks before your last expected frost and can be grown into early summer. These sun-loving plants thrive in well-drained soil with a daytime temperature of at least 12°C. Use certified *seed potatoes* (available at garden centres and farm suppliers) that have several "eyes" before planting. For the best results, plant in trenches 6 to 8 inches deep and gradually cover the plants with soil as they grow—this technique is called hilling. Depending on the variety and conditions, potatoes typically take 90 to 120 days to mature.

Fun Fact:

The correct plural of potato is "potatoes" and they originated 7,000 to 10,000 years ago in southern Peru and northwestern Chile.

Contributed by Carole Spraggett, Brampton Horticultural Society



Support Those In Need In Our Community

If you are a present or past participant in the City of Brampton Backyard Garden Program, please mention that you are donating from the City's backyard garden program when dropping off produce at one of the food banks listed below.

Regeneration

253 Queen Street East (use south entrance marked as Regeneration Marketplace)

Hours of operation: Monday - Friday, 9 am - 3 pm

Knights Table

287 Glidden Road, Unit 4 (use back door)

Hours of operation: Monday - Sunday, 11 am - 6 pm

NOTE: please separate produce by type

Lifting the Fallen Church/Iglesia Pentecostal Levantando Al Caido

171 Advance Boulevard, Unit 14-15

Hours of operation: Friday, 10 am - 4 pm | Saturday, 5 - 8 pm | Sunday, 3 - 7 pm | Monday-Thursday by appointment only, call 905.499.0777

Heart Lake United Church's Community Cupboard

85 Sandalwood Parkway East

Hours of operation: Wednesday, 6:30 - 7:30 pm by appointment only, call 905.846.4519

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